



New 'Working in Heat' Workshop

We have developed an innovative and practical training course that clarifies the uncertainty of heat strain on the human body. Working in hot environments is a day to day occurrence for workers in many industries. In surveyed industries 80% of the workforce has experienced at least one symptom of heat stress during a 12-month period.

Course duration: 1 day

Course material: Comprehensive training manual provided

Certificate: Participants receive a certificate of achievement

When is hot too hot?

The human body can cope well in relatively high temperatures. Unfortunately cut off points for temperature and humidity are not enough to determine when not to work. Our course will clarify the environmental and personal factors that influence how various workloads are tolerated. To ensure that work performance is both maximised and sustainable, we will introduce participants to work-rest cycling, hydration schedules and other environmental controls.

Who should attend the workshop?

Our 'Working in Heat' course is easy to understand and scientifically based. It has been designed for all levels of knowledge.

- Workers
- Supervisors
- Managers
- OHS Personnel

'Working in Heat'
Science - Safety - Technology

What are the benefits for you and your company?

This course will provide you and your organisation with the knowledge and know-how to implement policies and procedures. Participants will gain understanding of latest research and we will introduce you to new technologies available to conduct environmental monitoring.